

2019

*East Valley
Intergroup, Inc.
1320 E. Broadway,
Suite 105
Mesa, AZ 85204
480-834-9033
Fax: 480-964-4639
info@aamesaaz.org
www.aamesaaz.org*

TABLE OF CONTENTS

My Resentment Story	1
Take Flight	2
Crossword puzzle	2
Attitude of Gratitude	3
Announcements	4
Anniversaries	5
At Wit's End	5
Got Service?	6
Managers Report	7
Group Contributions	8
Treasurer's Report	9
EVI Minutes	10 & 11
From the Editor	12
Daily Grapevine Quote	12



NO BOOZE NEWS

My Resentment Story

I was 5 months sober - stark raving sober! When I hit my bottom and came into A.A., I thought life couldn't get any worse. Well, I guess worse is a relative term.

I'm forever grateful that the pain of hitting bottom was bad enough to bring me to a point of surrender. I was introduced to A.A. through a hospital rehab program. I soaked up all the wonderful things I was hearing in the A.A. meetings. I got a sponsor, read the Big Book, got to lots and lots of meetings, worked the steps and started to get better. I even found a relationship with a wonderful, loving Higher Power - not an easy task for this previously avowed atheist!

It's a good thing I got so plugged into A.A., because at 5 months sober I found myself in the position of getting divorced. Our marriage was just one big party and I wasn't so emotionally attached to him, it was just hard to go through the process. Well, in the middle of the process, my ex sued me for alimony. He quit his job (which is why I started the divorce proceedings), and I wasn't going to let him drag me down financially. He and I had worked for the same company and had made about the same salary. I thought the situation was absurd - me owing him alimony???? Well, I left the courthouse with an order to pay him alimony.

I was dumbfounded. I went back to my sober living house. Thank God I did the things the folks in A.A. had told me, like getting phone lists from all my meetings, and calling the women on those lists to build my new Fellowship. I was on shaky ground that day, so I pulled out my phone lists and started calling some women. I left a few messages and then found someone home. She came and took me to a meeting - I didn't have to drink that day! The other women called me back and left messages. What a wonderful Fellowship! The A.A. folks carried me through a time I didn't know what to do. Before, drink had been my only tool to deal with the sadness, hurt, anger and resentment that I was feeling.

About 30 days later I faced another dilemma. I had to send him a check! Oh, I thought that was too much. Send him a check??? I wanted to hire Gino and Vito to break his legs - I didn't want to send him money. I didn't find any reference in the Big Book to breaking legs as an answer to any problem, so I talked to my A.A. friends about how to handle this. A wonderful friend helped me to realize that I had a RESENTMENT. And then, they referred me to page 552 of the Big Book. That page may have saved my sobriety and/or my life. It said on that page to pray for the person you resent. Pray for him???? I still had Vito and Gino on my mind - not prayer. It says to pray for them to receive all that you would want for yourself. I thought this A.A. answer was terrible. I did not want to pray for him. But I realized that I wanted to stay sober, and the answers I had been getting from A.A. folks had been helping me a lot.

There is a loophole in the middle of the paragraph on page 552. It says, "Even when you don't really want it for them and your prayers are only words and you don't mean it, go ahead and do it anyway." Well, I thought, I can do that. So I prayed for him. But, I added the words "but I don't mean it". I hurled the words toward my Higher Power with anger, but I said the words. One day at a time, my words became a little softer, and one day I stopped adding the "but I don't mean it". My heart softened, my resentment was being lifted from me. I don't know if my prayers helped him, but they helped me. I was able to send him that check - and stay sober. The alimony situation didn't last long at all, but it taught me an important lesson: I don't have to drink over anything! I can get through pain and not drink.

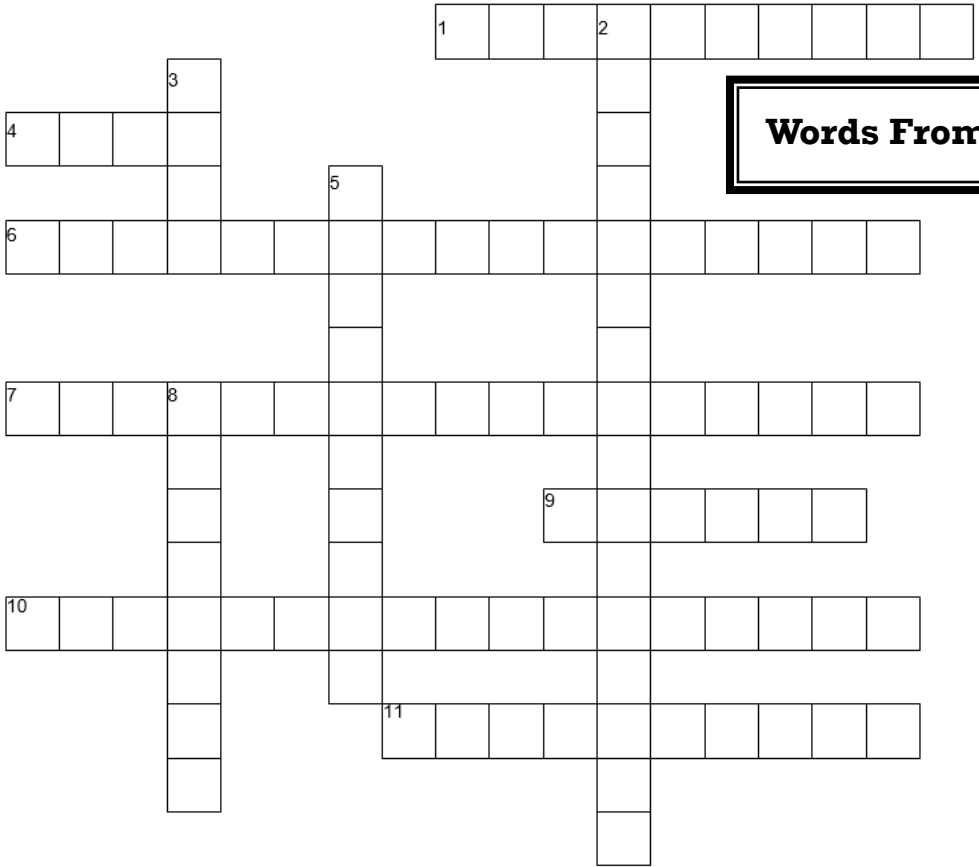
Lois L.
Chandler, Arizona

One day at my meeting in a little AA room on West 96th Street in New York City, the door was propped open for air to circulate. At the five-minute break, a baby bird hopped in, chirping loudly. I looked closer and saw that his little feet were tangled up in plastic twine. I bent over and picked him up. As I cupped him in my hands, another member slowly began to untangle the bird's feet, until both of them were free. The baby bird then flew out the door and away.


It was a spiritual moment for me. It occurred to me that that's what we do with newcomers, or those members who have relapsed. The group embraces them and helps them as they untangle their lives from alcohol—until they can fly once again.

Eric W. *New York, N.Y.*

From the July 2018 magazine



Words From the Book



AA by the Numbers
Dec. Newsletter

Across

1. twentyfour
4. zero
6. nineteenfortyfour
7. nineteenseventyone
9. ninety
10. nineteenththirtynine
11. thirtyfive

Down

2. nineteenfiftytwo
3. none
5. seventyone
8. thirteen

ACROSS

- 1 We surrender and finally realize we need this to turn our will over to and restore us to sanity.
- 6 We begin to feel a sense of this once we stop drinking, start the steps and begin a new way of life.
- 7 In step four, we take a searching, fearless..... of ourselves. We need to be completely honest with ourselves and God.
- 8 Alcoholism is an.....disease. A subtle, gradual progression with harmful effects.
- 9 From time to time, we may feel like this: restless, irritable and.....

ACROSS

- 10 Many believe that the disease of Alcoholism is two fold; an..... of the body and an obsession of the mind.
- 11 In terrible.....many of us sought help in AA when we felt we could no longer go on as we had been.

DOWN

- 2 As alcoholics, we have an..... of the mind.
- 3 AA is very clear that this program is a, not religious based one.
- 4 A group of like-minded people who regularly gather together for support of a common purpose.
- 5 The steps of Alcoholics Anonymous are based on spiritual.....such as honesty, faith, hope and humility.

EXTRA! EXTRA! Read All About It!!

Subscriptions are only \$12 a year...we'd love your support!!!



Page 3

Attitude of Gratitude

If you are grateful for your sobriety and would like to give back to the program that has so freely given to you, please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers. Participating in any of these committees can be a great way to carry the message to the still suffering alcoholic, both in and out of the rooms.

As an ongoing reminder, we are still in need of more volunteers for the 12th Step call list. Although we are great at making sure the phones are answered day or night, finding someone willing and available to do a 12th Step call can sometimes be very challenging, and often times it's hit or miss depending on the time of day. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic reaching out to AA for help from time to time, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible. Who knows — the life you save could be your own....

EAST VALLEY INTERGROUP – Gratitude With Service form *revised 2/09*

Return to: 1320 E. Broadway Rd., Suite 105 Mesa, AZ 85204

(480) 827-1905

e-mail: info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

☐ No Booze News Subscription / Renewal (\$12.00 annual subscription fee enclosed)

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

Phones Night & Weekend

☐ Weekends

☐ Weeknights

☐ Office Phone Volunteer

☐ Other Office Help

Committees of Interest

Check only those you are willing to serve on

☐ Public Information / Cooperation with the Professional Community

☐ Special Events

☐ Literature

☐ Newsletter (*No Booze News*)

☐ Unity Committee

☐ Deliver A Meeting



ROUNDUPS, CAMPOUTS AND CONFERENCES

RIVER ROUNDUP

JANUARY 10 ~ 13 2019

RIVERSIDE RESORT

LAUGHLIN NV

YUMA ROUNDUP

FEBRUARY 22 ~ 24 2019

1440 W DESERT HILLS DR.

YUMA AZ



FELLOWSHIP OF THE SPIRIT

JANUARY 25 ~ 27 2019

POCO DIABLO RESORT

SEDONA AZ

EVI 39th Anniversary

Dinner and Speaker

Saturday, March 9th, 2018

New Years Day In The Park

With the Sunset Group

12 noon to 8pm

Potluck at 4pm

Campfire meeting at Sunset

Lost Dutchman State Park


6109 N Apache Trail, Apache Junction, AZ 85119

55th International Women's Conference

February 7th ~ 10th, 2019

404 S Figueroa St. Los Angeles CA

(The Westin Bonaventure)

Recovery 
changes all things

Sub-District 08-819 Presents:

Eat & Greet Speaker Meeting

4:00pm Dec. 1, 2018

805 N Country Club Dr. Mesa AZ

Social hour, Spaghetti dinner

Followed by a speaker.

Monthly Campfire Meeting

Last Saturday of the Month @7:30pm

2757 E Guadalupe Rd.

Gilbert AZ

Riparian Preserve and Water Park

(take Cattail Crawl Trail to Honey Bee Point)



Sub-District 08-818 presents:

Drunks Like Us

7pm. Saturday Jan. 19, 2019

393 W Warner Rd. Chandler AZ

Social hour followed by a speaker.

2019 Pre-Conference Assembly

April 5 ~ 7, 2019

1500 AZ-69

Prescott AZ

(Prescott Resort and Conference Center)



Name	Date	Days
Richard B.	1/4/1968.....	18628
Joe A.	1/21/1979.....	14610
Alexandra B.....	1/19/1982.....	13514
Sandra M.	1/30/1984.....	12779
Susan C.	1/1/1985.....	12418
Rachel L.	1/7/1985.....	12418
Anne Elizabeth H.....	1/1/1988.....	11323
Douglas F.....	1/4/1989.....	10957
Jane R.....	1/11/1989.....	10957
Jerry F.....	1/27/1989.....	10957
Gerry B.....	1/20/1990.....	10592
Rhonda S.	1/18/1992.....	9862
Ron H.	1/17/1993.....	9496
Dottie D.	1/20/1993.....	9496
Barbara L.	1/13/1994.....	9131
Craig W.	1/20/1996.....	8401
Roy N.	1/23/1996.....	8401
Becky K.....	1/13/1997.....	8035
Melissa L.....	1/20/1997.....	8035
Ame F.	1/16/1999.....	7305
Rodger L.	1/30/1999.....	7305
Collin K.	1/24/2000.....	6940
Lori M.	1/10/2001.....	6594
Brenda B.	1/14/2001.....	6574
Jason G.....	1/22/2001.....	6574
Matt P.....	1/26/2001.....	6574
Lisa H.	1/28/2001.....	6574
Tom W.	1/12/2004.....	5479
Norman H.....	1/1/2005.....	5113
Sam V.	1/1/2005.....	5113
Will P.	1/5/2006.....	4748
Lee Z.	1/9/2006.....	4748
Christie D.	1/22/2006.....	4748
Brent B.....	1/17/2007.....	4383
Chandler	1/1/2008.....	4018
Jene V.....	1/1/2008.....	4018
Kevin B.....	1/21/2008.....	4018
Andrea N.....	1/29/2009.....	3652
Paul T.....	1/24/2010.....	3287
Jim M.	1/27/2010.....	3287
David T.....	1/2/2011.....	2922
Elizabeth T.	1/23/2012.....	2557
Bethann T.	1/4/2013.....	2191
Steve S.	1/10/2013.....	2191
Tamara L.....	1/11/2013.....	2191
Jocelyn G.....	1/16/2013.....	2191
Marylyn W.....	1/18/2013.....	2191
Stephanie.....	1/17/2014.....	1826
Leonard B.	1/1/2015.....	1461
April M.....	1/25/2017.....	730
Kyle L.....	1/6/2018.....	365



Things We Can Not Change

Aaron B. a long time member of our fellowship has passed from this world. His life and service in sobriety has touched many and he will be missed.

Step One~ We admitted we were powerless over alcohol—that our lives had become unmanageable.

Tradition One~ Our common welfare should come first; personal recovery depends upon

A.A. unity.

Concept One~ Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

At Wit's End

The hitchhiker

A slick city man, who was driving past a small town, picked up a drunken hitchhiker. As they were driving along, the drunk noticed a brown paper bag on the dashboard and inquired as to its contents. The city man replied, "It's a bottle of wine. I got it for my wife." The drunk, looking pensively down the road, nodded his head solemnly and said, "Good trade."

—Brad U., Cheshire, Conn. From the August 2015 magazine

Bad patch job

A drunk decided to take off early from work and go bar-hopping. When he finally got home, he tiptoed up the stairs. Halfway up, he fell backward and the pint bottle in his back pocket broke and cut his rear end.

A few minutes later as he was undressing, he noticed blood, so he checked himself out in the mirror and saw the injury. He repaired the damage as well as he could under the circumstances and went to bed.

The next morning, his head and his rear were hurting badly, but he stayed under the covers trying to think up a good story for his wife. "Well, you really tied one on last night," she said. "Where'd you go?"

"I worked late," he said. "I stopped off for a couple of beers."

"A couple of beers? That's a laugh," she replied. "You got plastered!"

"What makes you so sure I got drunk?" he asked.

"Well," she replied, "my first big clue was when I got up this morning and found a bunch of band-aids stuck to the mirror."

—Bob M., Green Valley, Ariz.

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905

EVI Phone Workshop

Third Friday's at 6:15 pm

Before the monthly business meeting at

1125 N Dobson Rd

Antioch Community Church

Or

Workshops can be done at your Group !

For more information

Call Beth H

EVI Sponsorship Workshop

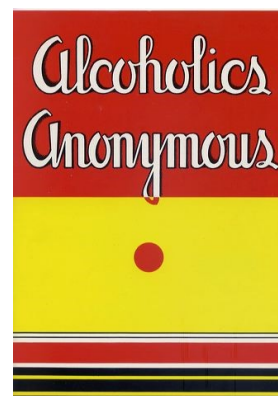
10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Gail H.

HOST GROUP SCHEDULE

January 8th ~ Page A Day

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Antioch Community Church

1125 N. Dobson Rd Chandler

Contact 480 827-1905

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

Antioch Community Church

1125 N Dobson Rd Chandler

EVI Monthly Speaker Meeting

1st Friday of Every Month

Meeting Now At 7:30pm

Antioch Community Church

1125 North Dobson Road, Chandler

January 4th ~ Price Is Right

February 1st ~ We Agnostics

These are subject to change - so keep watching.

Office Volunteers &
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific

times and days.

*** Fill In shifts available now***



Central Office Manager's Report

December 21, 2018

As 2018 draws to a close I would like to thank everyone for another year of service and sobriety. Thanks to all who have worked to carry the message and welcome to those who have found a new life with us. I hope this goes on forever.

Activity at the office has been up for the holiday season. We received 489 requests for information and assistance last month. Of those 127 calls were for meeting info, 138 were office visitors and 11 resulted in a 12 step call. Our website stays busy too. It had 48,881 visits in the last 30 days. Our Google listing also receives steady traffic 6,845 people found us on Google. Of those 219 went to our website, 50 got directions to the office and 32 gave us a call.

Service day / newsletter folding at the office this month on Thursday the 27th. We'll be folding The No Booze News, meeting schedules and maybe some pamphlets. Last month's Service Day was very well attended and there is always room for a few more. There will be lots of donuts, coffee and Fellowship. Stop by if you can, we have a lot of fun.

The 2018 Holiday Event Schedule has been completed to the best of our knowledge. Copies have been provided to phone volunteers, posted to our website and some hard copies are available on the back table.

Tis the season for 12 step calls. Service opportunities are available on all EVI committees and the 12th step list. Please take some Gratitude with Service forms back to your group and encourage the members to volunteer. The life you save may be your own.

In the spirit of Tradition Eight,
Love and Service

Kim W. Central Office Manager
East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

	Nov.	2018
Meeting Information Calls.....	127	1582
General Information	94	1193
Referred to Salt River Intergroup	5	82
Referred to Al-Anon.....	16	153
Referred to Community Info.....	2	12
12th Step Calls	11	127
Business Calls	96	1169
Office Visitors	138	1686
Meeting lists printed.....	1,000	8600
Info request via E-mail	58	553
Desk Volunteers-Reg/Sub/None.....	29/ 8/ 2	
Desk Volunteers-Reg HRS YTD.		1536hrs

Web Stats

Website Visits last 30 days 48,881 YTD 527,684
Google Searches last 30 days 6,845

Meeting List Updates...

New Meetings:

417 Group 6289 S Greenfield Rd. Gilbert (Light of Christ) TH 7:00p O

Changes:

Common Thread **Moving To:** 139 E Alameda Dr. Tempe TU 7:30p M,O

Arbor Sisterhood 612 S Ellsworth Rd. Mesa TH 10am **Moving to FR 10am**

The Society 9333 E Main St. Mesa SA 8pm Speaker is **Now at 7pm**

Attitude Adjustment **Moved To:** 1377 E Florence Blvd. Casa Grande All mtgs

Out of the Dark 19609 S McQueen Rd. Chandler **Now Meeting At:** TH 7:30p

Deletions:

For Whom The Bell Tolls 2601 E Thunderhill Place Ahwatukee

Sobriety and Beyond 931 E Southern Ave. Mesa TH 3:00p O

Seniors In Sobriety 2121 S Rural Rd. Tempe SA 3:00p O

East Valley Intergroup
1320 E. Broadway Rd. # 105
Mesa, AZ 85204

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

*** NEW ***
Area 03 Treasurer
PO Box 18765
Tucson, AZ 85371

*** NEW ***

District 08-818
PO Box 12044
Tempe, AZ 85284

District 08-819
PO Box 594
Mesa, AZ 85211

District 08-820
PO Box 20404
Mesa, AZ 85277

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Valleywide H & I
PO Box 80126
Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



Reprinted with permission from A.A. World Services, from the pamphlet Self Support.

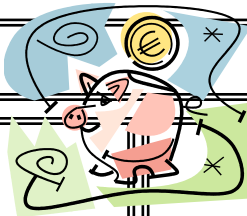
GROUP CONTRIBUTIONS



Page 8

GROUP	Nov	YTD
11th Step Candlelight		\$200.00
2121 Beginner Workshop		\$0.00
24 Hours A Day		\$0.00
A Vision For You Group		\$864.41
ABC Group		\$150.00
AHA! It's Monday		\$100.00
Ahwatukee Group	\$22.45	\$287.92
Ahwatukee Nooners		\$950.00
Ahwatukee Saturday Men's	\$215.86	\$1,520.52
Ahwatukee Women's Group		\$132.13
Arbor Daily Noon Group	\$300.00	\$2,400.00
As Bill Sees It		\$92.41
Attitude Adjustment Ahwatukee		\$187.75
Attitude Adjustment CG		\$70.00
Attitude of Gratitude		\$225.00
Basic II		\$50.00
Bloopers		\$710.00
Bootstrap Men's		\$500.00
Breakfast Club		\$1,700.00
Busted Ego	\$160.00	\$640.00
By The Book		\$507.29
Chandler Men's Stag Group		\$455.36
Chandler Noon Group	\$108.00	\$1,255.60
Chandler Women's Big Book Group		\$0.00
Cold Coffee Group		\$0.00
Common Solution		\$70.00
Common Thread		\$150.00
Copper Basin Group		\$0.00
Courage To Change		\$900.00
Daily Reflections Group		\$0.00
Day At A Timers		\$0.00
East Valley Men's Stag		\$440.00
Easy Does It Group	\$88.87	\$977.57
Eye Opener Group		\$1,555.47
Family Recovery Group		\$100.00
Feelings & Solutions		\$75.00
Firehouse Meeting		\$200.00
Florence Group		\$0.00
Friday Night Big Book Study		\$0.00
Friends Of Bill W.		\$184.00
Get It Together	698.01	\$3,732.71
Gilbert Gals		\$0.00
Gilbert Group		\$0.00
Gold Canyon 12 X 12 Group		\$383.56
Good Ol' Back to Basics		\$400.00
Grateful Dames		\$0.00
Grateful Girlfriends		\$70.00
Gratitude Group		\$824.00
Great Start	\$200.00	\$1,120.00
Cut Level		\$256.00
Happy Hour @ Sunbird	\$212.05	\$632.74
Heard It Thru The Grapevine		\$0.00
Into Action	\$75.00	\$150.00
Inwardly Reorganized	\$150.00	\$225.00
Keepin It Real Ladies		\$451.00
Life In The Big Book	\$118.65	\$1,186.90
Maricopa 12 X 12	\$40.00	\$200.00
Maricopa Group		\$150.00
Mid-Morning Group		\$220.00
Monday Night Madness		\$85.00
Morning After Group		\$335.00
Name In The Hat		\$306.83
New Beginnings	\$80.00	\$580.00
New Hope Group		\$110.00
New Spirit Group		\$300.00
No Name AA Group		\$0.00
Not A Glum Lot		\$100.00
Page A Day		\$1,416.37
Pioneer Group	\$60.00	\$310.20

GROUP	Nov	YTD
Price Is Right		\$60.00
Primary Purpose Group	\$250.00	\$490.00
Prime Time		\$0.00
Progress Rather Than Perfektion		\$0.00
Putting God First		\$950.00
Queen Creek Nooners		\$451.00
Re-Awakening Group	\$20.00	\$35.00
Remember When		\$0.00
Renewed Spirit		\$650.00
Rising Spirit		\$1,026.10
Road To Recovery	\$50.00	\$992.54
Rock Solid		\$95.50
San Tan Men's		\$35.50
Second Chance Group		\$700.00
Seniors In Sobriety-Tempe		\$72.00
Serenity At Six		\$0.00
Shade Tree		\$0.00
Sisterhood Of Solutions		\$290.00
Sobriety is Gold		\$300.00
Sobriety Rocks		\$213.38
Society Group		\$500.00
Solutions Group		\$0.00
Some Are Sicker Than Others		\$0.00
Southeast Valley Stag		\$250.00
Spirited Women		\$221.00
Step By Step Group		\$40.24
Stepping Stones		\$60.00
Sunday Morning Women		\$0.00
Sunday Night BB Step Study		\$521.52
Sun Lakes Women		\$192.00
Sunland Serenity Seekers		\$183.00
Sunset Group		\$340.00
Tempe Group		\$100.00
Tempe Nooners	\$25.00	\$175.00
Tempe Sunrisers		\$0.00
Tempe Young People		\$0.00
The Library		\$113.00
The Real Thing		\$66.81
The Way Out Group	\$125.00	\$1,000.00
Thursday Night Step Group		\$0.00
Tuesday Night Steppin Out	\$65.00	\$270.00
Tuesday's Trudgers		\$0.00
Tumbleweeds Group		\$420.00
Upon Awakening	\$700.00	\$2,800.00
We Ain't Dead Yet		\$182.50
We Agnostics		\$440.00
We Can Group		\$129.00
Wednesday Night Step		\$300.00
Wednesday Night Winners		\$0.00
Welcome Home		\$498.15
West Chandler Men's		\$130.00
Who's Driving Your Bus?		\$0.00
Wolf Pack Group		\$50.00
Women in Gratitude	\$250.00	\$589.00
Women in Solution		\$207.63
Women in Touch		\$123.00
Wonder Women		\$120.00
*Anonymous Groups		\$648.15
OTHER GROUPS/COMMITTEES		
Apache Lake Campout		\$102.02
VALYPAA		\$62.00
AZ AA Womens Conference		\$500.00
Dist 08-818		\$61.84
Meal and a Message		\$750.00
Group Totals	\$3,548.89	\$49,202.62
EVI Committees	\$73.00	\$998.68
Individual Contributions	\$300.00	\$3,024.67
GRAND TOTALS	\$3,921.89	\$53,225.97
(*Group contribution with no group name listed)		
(*Group contribution with no group name listed)		



BALANCE SHEET November 30, 2018

Assets

Current Assets

Checking	2,918.55
Prudent Reserve (Savings)	23,899.56
Accounts Receivable	351.35
Inventory Asset	18,367.92
Undeposited Funds	2,150.32

Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

Total Assets **\$52,522.32**

Liabilities & Equity

Liabilities

Accounts Payable	547.50
Visa Credit Card	616.00
Payroll taxes	189.76

Total Liabilities **\$1,353.26**

Equity

Opening Balance Equity	43,778.94
Retained Earnings	4,975.38
Net Income	2,414.74

Total Equity **\$51,169.06**

Total Liability & Equity **\$52,522.32**

PROFIT & LOSS STATEMENT November 2018

21 Group contributions totaling	\$3,548.89
1 Individual contributions totaling	\$300.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$73.00
Total Contributions	\$3,921.89
Total Income	\$10,840.52
Less total Cost Of Sales	\$5,304.89
Gross Profit	\$5,535.63
Less total Expenses of	\$5,811.57
<u>Net November Loss</u>	(\$275.94)
<u>YTD 2018 Gain</u>	\$2,414.74

The current Prudent Reserve balance is \$23,899.56
The Prudent Reserve has been
established for 2018 in the amount of \$25,895.52

Please call me with any questions or comments
regarding the financial statements.

Grateful to be of service,
Lois L. EVI Treasurer

Traditions Checklist

Tradition One: Our common welfare should come first; personal recovery depends upon AA unity.

1. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
2. Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument?
3. Am I gentle with those who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?

East Valley Intergroup Business Meeting Minutes

December 21, 2018

Meeting Opened by with Moment of Silence followed by Serenity Prayer

12 Traditions ready by – Tony

INTRODUCTIONS: *Your attendance and participation are appreciated, and visitors are always welcome!***Intergroup Representatives:**

New Reps: Paul PI/CPC, Patrick Welcome Home, Cain The Way Out, Leslie Gilbert Group, Josh K Common Thread, Rick (visitor) Dave M 417, Heidi G Ahwahtukee Group, Mike G Ahwahtukee Men's, Jim L Breakfast Club, Gary L Chandler Noon, Segrid Chandler Women's BB, Tom O Common Thread, Scott F EV Men's Stag, Ed D East Valley Vets, Denis W. Friends of Bill W., Wendy W Gilbert Group, Leslie B Gilbert Group (Alt), Buddy M Gratitude Group, Deana E LiBB, Gail H. PAD, Mike C Progress not Perfection, Barb M Queen Creek Nooners, Justin S Road to Recovery, Bethann T Sisterhood of Solutions, Jeri H. Sobriety Rocks, Mallory E, SASTO, Tom M Southeast Valley Stag, Peg D Spirited Women, Katelyn B Step by Step, Brady D Step by Step (Alt), Dave T. SNBBSS (Alt), Ken C. Sunset Group (Alt), Beth H. Tempe Sunrisers (Alt), Ron S. The Way Out (Alt), Jim D The Steps We Took, Paul B. Tuesday Night Steppin' Out, Beth H. We Agnostics, Patrick M. Welcome Home, Michelle O. Women in Gratitude

Committee and other Trusted Servants: (N/P = Not Present)

Service Position	Name	Service Position	Name	Service Position	Name
Chair	Ed	Office Manager	Kim	H&I Liaison	Mike
V.Chair	Chuck E.	Chair- Special E.	Deana	Spanish Liaison	Marge
Treasurer	Lois L.	Chair- PI/CPC	N/P	Alanon Liaison	Rosemary B.
Secretary	Andrea M.	Chair- Phones	Beth	DCM 08-818	N/P
Advisor- Special E.	Steve W.	Chair- Unity	N/P	DCM 08-819	Jason
Advisor- PI/CPC	N/P	Chair- Sponsorship	Gail	DCM 08-820	Carol
Advisor- Phones	N/P	No Booze News	Maria		
Advisor- Unity	Eddie	Literature	N/P		

7th Tradition: \$83.00

Secretary's Report: Andrea: Welcome to new reps, Please sign in and update info, New Rep packets available, see Andrea after meeting, Motion – Gary, -, 2nd - Buddy

Treasurer's Report: Report in Packet Lois- report in packet, Net Income for November \$(275.94), YTD \$2,414.74, December (so far) unusually low group contributions, hoping more funds come in before the end of the year to avoid moving into prudent reserve. Reps- please take back and talk to groups about Dec contribution. Motion to accept- Denis, 2nd- Paul.

Chairperson's Report: Ed- no report, will wait until new business

Vice Chair's Report: Chuck E- Report in packet, Would like to note the passing of Aaron B. His service work in AA, especially in H&I, always carried the message of hope. His enthusiasm was always inspiring. Please keep his family and friends in your prayers.

Office Manager: Kim- 2018 was a good year, Thanked all who carry the message and those who found us! Office activity is up for the holiday season. The holiday event schedule is on the website (Thanks, Larry S). Hard copies are on the back the table, Service opportunities are available on all EVI committees and 12 step call list, Service Day/Newsletter folding day at office is Dec 27th!! Come at 9am for coffee, donuts, and good time!!

STANDING COMMITTEE REPORTS

PICPC: Victor- Np, Paul- report in packet, committee needs secretary, presentation made at A.T.Stills. Many open positions for committee work, please come or send a sponsee to help this active and energized committee.

Special Events: Deana – Alcolthon was awesome! Next event is January 4th for the EVI Speaker Meeting, please come at 630 to join the Special Events committee, Still need Special events chair as term is up. No takers yet.....

Phone Committee: Beth- Phones going well, thanked the volunteers, cleaned up the 12 step phone list from 230 people to 118 people (removed people who haven't taken phones in over 2 years). Do have 7- 10 monthly openings; please contact if interested.

Unity Committee: Tom- N/P, Eddie- Unity goes out and tries to engage inactive groups. We have about 150 groups in east valley and about 100 do not participate. We could use help! Please come help out.

Sponsorship Workshop: Gail- Next workshop is Jan 25th, Page a Day is hosting, We need groups to sign up for 2019, as group reps you can sign up your group for this wonderful committee. After 2 years, term is up. This is a wonderful service commitment!! Any interest? Will stay on until someone steps up.

Newsletter Editor: Maria- loved this committee, will be stepping down and grateful to monthly contributors. Thank you for letting her be of service.

Literature: N/P

LIASION REPORTS

Alanon Liaison: Rosemary- No events, but wish everyone a happy holiday. Please visit www.alanoneastvalley.org if need help this time of year.

H&I Liaison: Mike- Planning Committee needs help, meets Jan 13th 730PM at Dr. Bob's Coffee Shop in Tempe (next to The Pigeon Co-op). 2019 Area Corrections Conference is March 29-30, watch out for updates. MCSO Badging on Jan 9th and 23rd from 330 to 630. Contact for details/questions.

Spanish Liaison: Marge- not much happening, will hit more meetings after 1st of year.

Sub District 08-818: N/P

Sub District 08-819: Jason – Does your group have a GSR? If not, call me! Please send group GSR to visit the 819 meeting , it is 2nd Thursday every month at St Peter Lutheran in Mesa. 1844 E Dana Ave, Looking for new people!!

Sub District 08-820: Carol – Quarterly Potluck/Speaker Meeting is third Saturday in January, more info to come. If your group doesn't have a GSR, please contact!

OLD BUSINESS: none

NEW BUSINESS:

_Thanked all chairs and people rotating out of service. We do have position that need filled.

PI/CPC chair is stepping down and Paul is interested in Chair, any other interested? Paul please share with the group: Paul P- recently moved from Chicago area, did service from DCM to cleaning up meetings, happy to be of service!

Special Events: Need chair- we know this is so much fun, any interest? Please find some people!!!

Sponsorship- Any interest? Gail stated she was willing to stay on, but this is a great commitment! If anyone is interested, please talk to her

No Booze News- Rick is interested, has been contributing stories, loves to write and happy to be of service! Welcome, Rick

Unity- Any interest? Not yet...please take back to group

Maria asked what Special Events chair commitment is like. Deana described the positions and explained most months it is about 2 hours of work. Jay J stood up to take the job! YAY!! Thanks, Jay!!!

ANNOUNCEMENTS:

Group Problems & Solutions: none

Announcements: Founder's Day planning committee meeting is January 12th, 10AM at Easy Does It!! Please come!!!

Close Meeting: Motion to close- Santa- 2nd- all !

Thank you,

Andrea M.



Dear Readers of the No Booze News,

It has been an honor and a privilege to be the editor for the East Valley Intergroup's newsletter. I have learned a lot about myself through this process, just as I do through any service work. I had an AA anniversary last week. For me this is a time to think about what I used to be like, what happened and what I am like now.

Seventeen years ago I stumbled into AA just sure that I couldn't drink anymore. I had no idea how that was going to happen because I couldn't imagine my life without alcohol, but I was sure I just couldn't drink as the wreckage of my life was too much to bear. I remember hearing, "You never HAVE to drink again." That pissed me off. They really meant, "You never GET to drink again." Victim, victim, victim. It has taken some time to see how I volunteered to be a victim for most of my life.

I went to the Gilbert Group Friday night Gratitude meeting. I had no gratitude. But I went again the next week and the week after that. I kept showing up and began slowly to say to myself that I better come up with something to be grateful for so I would have something to say in the meeting. Pillows. I was grateful for pillows because in Tent city I slept on a bare plastic mattress with no pillows. Some days that was all I could come up with. But gratitude slowly infiltrated my life and today I could no more do without it than I could air or water. I've spent many years now texting 5 things I'm grateful for to a friend or sponsee. This action has changed my attitude and my life.

An old-timer in that meeting would always say, "Gratitude is an action." I didn't get that for a long time. I thought it was a feeling. Its not. If I'm grateful for my meeting I show up and make coffee. If I'm grateful to get a sobriety coin, then I serve as the supply person in my group. If I'm grateful for my friends, I answer the phone. I answer the phone even when I don't want to, just like I show up to make coffee even when I want to stay home and watch Netflix.

Without knowing it I began to take responsibility for my own choices in life. I went through the steps with a sponsor, participated in my Home Group, kept a service position and reached out to others. I found a Higher Power. I started to see how life didn't really just "fall on my head". My actions mattered. Feelings didn't always matter. They usually come later. Most of the time I feel grateful, but I'm sure its because the action comes first.

Today I don't HAVE to drink. I GET to be sober. I get to have friends. I get to be grateful for a lot more than pillows today. And today, I am most grateful today for choices. I get to pick. If I want a home group I get to show up and participate. If I want a friend I get to act like a friend. I can choose to behave poorly and not blame anyone but me when I get poor results. Or I can ask for help, walk through fear and pain, do the next right thing, help others and get the beautiful results that my God has in store for me.

I didn't know I had choices, that I get to pick, that life doesn't just "fall on my head." And it's the most beautiful life today. Thank you, sincerely, for allowing me to be of service. I am grateful for you.

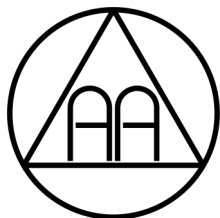
Maria D., Gilbert, AZ

AA Grapevine Daily Quote

November 20, 2018

"I'd like to develop Step Eleven further -- for the benefit of the complete doubter, the unlucky one who can't believe it has any real merit at all As he goes along with his process of prayer, he begins to add up the results. If he persists, he will almost surely find more serenity, more tolerance, less fear, and less anger. He will acquire a quiet courage, the kind that doesn't strain him. He can look at so-called failure and success for what they really are. Problems and calamity will begin to mean instruction, instead of destruction. He will feel freer and saner ... His sense of purpose and of direction will increase. His tensions and anxieties will commence to fade. His physical health is likely to improve. Wonderful and unaccountable things will start to happen. Twisted relations in his family and on the outside will unaccountably improve. "Even if few of these things happen, he will still find himself in possession of great gifts. When he has to deal with hard circumstances he can face them and accept them. He can now accept himself and the world around him."

AA Co-Founder, Bill W., June 1958, "Take Step Eleven", The Language of the Heart



Please send us your stories; MAIL, EMAIL OR CALL IT IN!!



I'd like to hear your story and put it in the No Booze News! Mail your story to the Intergroup office, or email it to me! Or call me and tell it to me and I'll write it down! Please include your name and phone number. We reserve the right to edit for content and/or clarity. Maria D. info@aamesaa.org THANKS!